

Kayak4Conservation

Kayak:

Kayak can be rented from us at a daily fee. The kayaks we provide are touring sit inside & sit on top kayaks, ideal for these waters. Every model comes with two hatches to store all your gear in. It is also possible to ship in your own kayak (for all the die-hard paddlers).

Kayaking gear included in the rental price:

- Waterproof dry bags, if you have your own, please bring them along as we only have limited stock and sizes.
- PFD's
- Paddle.

Clothing:

- Sandals & Aqua socks – Aqua-socks are good for rocky areas or in shallow waters to guard against pieces of shell and coral. Most of the home stays are built on white sand beaches and are best enjoyed by bare feet, but sandals or flip-flops are good to have when strolling around and exploring after a good day of kayaking.
- Hat- Being this close to the equator you will really feel the sun peeling away at you.
- Warm Fleece – Even the hottest days can get chilly at night, especially if the rain and wind pick up.
- Sunglasses – Polarized glasses are best!
- Long sleeved shirt- This will protect you better than the strongest sunscreen. A light colored, button up shirt works best so that you can open up and ventilate on especially warm days.

Toiletries:

- Sunscreen – Don't forget this! With the double exposure of the sun and the reflection off the water, even Papuans get burnt after a full day on the water.
- SPF Lip Balm –The reflected rays means every part of you risks overexposure.
- Zinc Balm – Yes it will make you look a little 'dorky' but it works wonders!
- Small towel – A microfiber towel serves many purposes, not the least of which is for something to wipe your hands on when cooking or cleaning.
- Tooth paste, tooth brush, floss, soap, clean under... Why am I telling you this, didn't your mom teach you how to pack? ☺

Camping gear:

(When planning to sleep on secluded sandy beaches)

- Camp tarp- They are great for shelter building and are quick to set up. You can also use it to gather water.

OR

- ☑ Tent – The winds here can get very strong and you won't be able to find replacements for broken poles or torn tents anywhere close by. A high class tent is well constructed with a low-profile to the wind and a bathtub bottom for camping close to the high-tide.

OR

- ☑ Hammock- The best way by far to sleep in the jungle, making for easy setup and keeping you out of the sand and mud. [Hennessy Jungle Hammocks](#) are the best for this area, light weight, compact and also with a built in mosquito net and rain fly. Super convenient, super fast setup! (We have a few hammocks available for rent as well).
- ☑ Sleeping bag – Not completely necessary around here but people do vary. A simple sheet or fabric to throw over you will usually keep you warm.
- ☑ Small camp items - LED headlamp (one with a red light so as not to attract insects), waterproof trip journal & pencils/pens, tide tables/camp menu, hikers compass, lighters/waterproof fire starters, etc.

Cooking gear:

- ☑ Personal Sheath Knife – Useful both as a utility knife and for cooking. A stainless steel blade is highly recommended.
- ☑ Fillet knife – While it's definitely possible to clean and cut a fish with a normal knife, a fillet knife makes the job much easier, and serves as a backup all purpose blade.
- ☑ Cooking Pots/Pans –Stainless cookware works well and lasts forever, and does not have a terrible nonstick coating which scrapes off and burns in a fire.
- ☑ Cutting Boards – A couple of HPE cutting boards makes filleting fish and preparing meals much easier and keeps everything clean.
- ☑ Other handy items – utensils (we can supply basic cooking utensils upon request), mug, soap, sponge, a micro camp stove & fuel for a good morning coffee, etc.

Trekking gear:

- ☑ Trainers -With so much to explore around the area you will want a pair of proper shoes as the rocks are incredibly sharp at some places and flip-flops won't cut it. A pair of old sneakers will protect your feet and are lightweight.
- ☑ Hiking boots- These are a must have when planning to do longer treks. They support your ankles when moving across mountainous terrain and keep your feet dry in the swampy areas. If you expect to do a lot of hiking we suggest ordering a pair of Vietnam Military Issue Jungle Boots, they drain water away from your feet and don't retain water inside, and are an often used and loved item by our staff.
- ☑ Long trousers- A must have when exploring, they protect your legs from all kinds of hazards. A lightweight, light colored pair will help with the heat.

Survival & First Aid:

It's a great idea to bring along an expedition first aid kit and any other personal survival gear you may have, but remember that the items won't be of much use if you don't know how to use them. A little outdoor survival and emergency aid training is always highly recommended! (We can supply top quality WWII based first aid kits upon request as well.)

“ Rather have it and not need it, than need it and not have it “

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THEMSELVES-